

READ: Philippians 4:1-7

PRAY:

- Thank God for how he has given us others in our lives to faithfully live and serve alongside.
- Thank God for the peace he gives us through His presence.
- Ask God to ease any anxiety that you feel by guarding your heart and mind in Christ.

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READ: Philippians 4:8-9

PRAY:

- Thank God that He is true, honorable, just, pure, lovely, commendable, excellent, and worthy of praise.
- Thank God for the models of faith that He has put in your life.
- Ask God to help you guard your thoughts by filling your mind with good and true things.

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READ: Psalm 16

PRAY:

- Thank God that He always provides what we need in every season and circumstance.
- Ask God to give you joy and contentment.
- Ask God to continue faithfully supplying your every need

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